



## TERMS AND CONDITIONS

- ◆ Welcome to SHARE's Leisure Suite.
- ◆ Management reserve the right to change rules, terms and conditions of the Leisure Suite without prior notice.
- ◆ Management reserve the right to change fees and payments for the good and benefit of the Leisure Suite.
- ◆ Membership cards remain the property of SHARE and all members will be required to show cards on each and every visit.
- ◆ Members will conduct themselves in a quiet, well mannered fashion at all times.
- ◆ Members who appear intoxicated will be refused entry.
- ◆ The management reserve the right to refuse entry at all times and to terminate memberships with immediate effect.
- ◆ Members who are expelled will forfeit all privileges of membership.
- ◆ Any complaints unresolved at the time of incident will be referred to and dealt with by the manager.
- ◆ Management shall be entitled to make alterations, carry out repairs or maintenance without prior notice, although, of course, every consideration will be made to minimise inconvenience.
- ◆ SHARE shall not be responsible for the personal belongings of the members or visitors.
- ◆ No refunds for non-usage of facilities.
- ◆ Photographs for membership cards are compulsory.
- ◆ Members can only suspend their membership once six months have passed.
- ◆ For payment by direct debit the first month will be collected by cash/cheque and membership will run continuously until it is cancelled by the member, or by management should there be problems with collection of direct debits.
- ◆ Payment by Direct Debit will incur a Refundable Joining Fee equivalent to one month's membership. This will be returned only at expiry and receipt of membership card.

### LIABILITY

Anyone using the Leisure Suite facilities is responsible for ensuring that he/she is properly equipped and that his or her state of health and physical condition is such as not to involve any risk to him or herself or any other person. It is hereby understood and agreed SHARE accepts no responsibility for accident, injury, illness, loss or misadventure caused to, or suffered by, members or guests of the Leisure Suite howsoever caused, only to the extent caused by the wilful default or negligence of SHARE, its servants or agents. Members are responsible for their own insurance in respect of injuries suffered, loss of or damage to equipment.

### DIRECT DEBIT MANDATE GUARANTEE

This Guarantee is offered by all Banks and Building Societies that take part in the Direct Debit Scheme. The efficiency and security of the Scheme is monitored and protected by your own Bank or Building Society. \*\* Only UK bank accounts are acceptable for direct debit payments \*\*. A 5% charge is made for the administration of direct debit payments. If the amounts to be paid, or payment dates change, SHARE will tell you when you can expect your account to be debited. If an error is made by SHARE, or your Bank or Building Society, you are guaranteed a full and immediate refund from your branch of the amount paid.

**CANCELLATION OF MEMBERSHIP WILL ONLY BE ACCEPTED ONCE THE MEMBER HAS INFORMED SHARE IN WRITING OR BY EMAIL, RETURNED THE MEMBERSHIP CARD AND CANCELLED THE DIRECT DEBIT WITH THEIR BANK. SHARE WILL NOT ISSUE REFUNDS FOR NON-USAGE OF THE FACILITIES.** Unpaid direct debits will be requested to be settled in cash during the month following the relevant claim month

with prior written or verbal notice. If the direct debit remains unpaid membership will be terminated with immediate effect. Additional charges of up to £25.00 may be incurred for any unpaid direct debits. Payment of the first instalment for new direct debits will be collected by cash/cheque.

#### **PRE-EXERCISE SCREENING**

- ◆ Do you have a history of heart problems?
- ◆ Do you have a history of lung problems?
- ◆ Have you had chest pains or tightness in the chest?
- ◆ Do you suffer from exercise induced asthma or other respiratory problems?
- ◆ Do you suffer from headaches/fainting/dizziness?
- ◆ Do you have pain/limited movement in any joint that could be made worse by a change in your physical activity?
- ◆ Do you have diabetes?
- ◆ Do you have epilepsy?
- ◆ Have you had a recent operation/chronic illness/injury?
- ◆ Are you pregnant/post natal?
- ◆ Do you know of any other reason why you should not do physical activity?

If you have answered yes to any of the above questions we strongly recommend that you obtain your doctor's consent prior to exercise, and undertake an induction programme prior to using the facilities.

- ◆ Is there a history of heart problems in your family?
- ◆ Do you have high blood pressure?
- ◆ Do you have a back problem that could be made worse by a change in your physical activity?
- ◆ Do you smoke?
- ◆ Are you currently taking any medication?

If you have answered yes to any of the above questions you are advised to limit your activities to a moderate intensity, and undertake an induction programme prior to using the facilities.

To ensure maximum physical fitness to you, and to increase your safety within the fitness suite we strongly recommend that you undertake the supervised induction whatever your physical condition.

#### **MEMBERSHIP CARDS**

When you join you will be given a Membership Card which will include your photograph. You must bring your card and show it at the Leisure Suite Reception on each and every visit. This card will remain the property of SHARE and **must** be returned if you cancel your membership.

#### **MEMBERSHIP COMMITMENT**

You can join the Leisure Suite for a minimum period of just three months. Thereafter, you can cancel your membership at any time by giving one full calendar month notice in writing.

### **FREQUENTLY ASKED QUESTIONS**

#### **CAN I BRING A GUEST?**

Adult members may bring along one guest per visit at an additional cost, depending on which of the facilities (pool, gym, or both) are to be used.

#### **CAN CHILDREN USE THE LEISURE SUITE?**

No-one under 16 years of age can use the Gym, Sauna, or Steam Room. All children under 16 must be accompanied by an adult at all times when using the Pool. Children up to 5 years of age are able to use the pool free of charge.

### **CAN I PUT MY MEMBERSHIP ON HOLD?**

Memberships are continuous but can be suspended by giving ten days notification. There is a minimum of two months suspension period with no maximum limit with a monthly charge of just £5.00 payable by direct debit. **This facility is only available after the initial six month commitment has passed.**

### **WILL THERE BE SOMEONE TO SHOW ME HOW TO USE THE GYM EQUIPMENT?**

A member of staff will show you safe and fun ways to enjoy your experience. Please book your induction at the Reception desk.

### **DECLARATION**

- ◆ I am aware of and understand the potential risks associated with physical exercise and I am voluntarily partaking in these activities with a knowledge thereof.
- ◆ I have had the opportunity to ask questions regarding activities, use of equipment, other related activities, and to have the benefit of an induction programme. Any questions I have asked have been answered to my satisfaction.
- ◆ I understand that if there is a change in my condition at all I must inform the Leisure Suite staff in order that my training can be re-assessed.
- ◆ Without prejudice to the above, SHARE accepts no liability for loss or damage of whatsoever nature and howsoever arising caused to me or suffered by me whilst on the premises, UNLESS such loss or liability is caused by the negligent act of SHARE.

I understand that ALL membership fees are non-refundable. I acknowledge membership is for a minimum period of three months from date of joining, thereafter it is continuous and expires only on cancellation (for members paying by direct debit), or membership will run until renewal of 3, 6, or 12 month membership. I accept that I must give a full calendar month's notice of cancellation in writing and that failure to do so will result in the claiming of another direct debit payment if fees are collected in this way.

I have read, understand, and accept the rules, terms and conditions laid down by SHARE and agree to abide by them. I understand that SHARE may from time to time make changes to the Leisure Suite without prior notice.

### **OPENING TIMES**

**MONDAY TO SATURDAY**

**8.00 am – 10.00 pm**

**SUNDAY**

**10.00 am – 6.00 pm**

### **POOL PROTOCOL**

- ◆ Before entering the pool area you must shower.
- ◆ Please shower between using different wet area facilities.
- ◆ Please remove all deodorants, make-up and perfumes.
- ◆ Please read the steam room and sauna rules which are prominently displayed in the pool area before using the facilities.
- ◆ You **MUST NOT** use the pool for two weeks following an upset stomach.
- ◆ Please be courteous to other users.
- ◆ No glass or food shall be taken into the pool or gym area at any time.
- ◆ Running, jumping, diving, or unruly behaviour is prohibited and the use of snorkels, flippers and beach balls is also prohibited.

The above protocol is designed to promote a safe, hygienic and enjoyable place for you to spend your leisure time.

**Thanks for your co-operation.**

16/11/2017