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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **DAY** |  | **MEALS** | **GROUP 1** | **GROUP 2** | **GROUP 3** | **GROUP 4** | **GROUP 5** | **TOTAL** |
| **MONDAY** | LUNCH | Tomato bacon pasta |  |  |  |  |  |  |
| Baked potato with choice of fillings |  |  |  |  |  |  |
| Vegetarian burger, served with salad |  |  |  |  |  |  |
| DINNER | Braised steak with potatoes, vegetables & gravy |  |  |  |  |  |  |
| Sausage & bean pie with potatoes, vegetables & gravy |  |  |  |  |  |  |
| Vegetarian lasagne |  |  |  |  |  |  |
| **TUESDAY** | LUNCH | Potato & leek soup with crusty rolls & 1 filled roll per person |  |  |  |  |  |  |
| Chicken noodle soup with crusty rolls & 1 filled roll per person |  |  |  |  |  |  |
| Vegetarian pasta bake |  |  |  |  |  |  |
| DINNER | Chicken kiev with potatoes, vegetables & gravy |  |  |  |  |  |  |
| Bangers & mash with potatoes, vegetables & gravy |  |  |  |  |  |  |
| Quorn chicken in sauce, vegetables & gravy |  |  |  |  |  |  |
| **WENDNESDAY** | LUNCH | Chicken bites with chips & peas |  |  |  |  |  |  |
| Breaded fish with chips & peas |  |  |  |  |  |  |
| Vegetarian pizza |  |  |  |  |  |  |
| DINNER | Chicken & broccoli bake with potatoes, vegetables & gravy |  |  |  |  |  |  |
| Savoury mead balls with potatoes, vegetables & gravy |  |  |  |  |  |  |
| Fish or vegetarian &noodle stir fry |  |  |  |  |  |  |
| **THURSDAY** | LUNCH | Lasagne & garlic bread with wedges 7 salad |  |  |  |  |  |  |
| Hotdog with wedges 7 salad |  |  |  |  |  |  |
| Vegetarian Bolognese (With mince corn) & garlic bread |  |  |  |  |  |  |
| DINNER | Spaghetti Bolognese with potatoes, vegetables & gravy |  |  |  |  |  |  |
| Chicken curry with rice with potatoes, vegetables & gravy |  |  |  |  |  |  |
| Vegetable curry & rice |  |  |  |  |  |  |
| **FRIDAY** | LUNCH | Chicken burger with chips & salad |  |  |  |  |  |  |
| Beer burger with chips & salad |  |  |  |  |  |  |
| Packed lunch |  |  |  |  |  |  |
| Vegetarian Nuggets |  |  |  |  |  |  |
| DINNER | Chicken nuggets With chips & beans |  |  |  |  |  |  |
| Sausages with chips & beans |  |  |  |  |  |  |
| If arriving 6pm an assortment of sandwiches soup can be arranged |  |  |  |  |  |  |
| Veggie chilli con carne & rice |  |  |  |  |  |  |
| **SATURDAY** | LUNCH | Spaghetti bolognaise with garlic bread |  |  |  |  |  |  |
| Chicken wraps & tossed salad |  |  |  |  |  |  |
| Vegetarian Lasagne |  |  |  |  |  |  |
| DINNER | Chicken Kiev with saute cubed potatoes, vegetables & gravy |  |  |  |  |  |  |
| Steak & onion pie with saute cubed potatoes, vegetables & gravy |  |  |  |  |  |  |
| Mushroom taglitelle / stroganoff |  |  |  |  |  |  |
| **SUNDAY** | LUNCH | Choise of 2 roast meats served with potatoes, roast potatoes, seasonal vegetables & gravy |  |  |  |  |  |  |
| Quorn chicken, stuffing, potatoes, & vegetables |  |  |  |  |  |  |
| DINNER | Assorted salad & meat platters with wedges and a selection of home baked breads |  |  |  |  |  |  |
| Assorted salads & beans |  |  |  |  |  |  |

Vegetarian menu